

History

For over 7 years, Life & Soul has undertaken a number of highly successful projects namely: **ID (1999-2005)** – the well attended monthly youth event, **Grassrootz (2001-2005)** – a large local annual Music Festival, and **Collectivekent (2004-2006)** – a fully trained dance band working in local schools. Alongside these events Life & Soul continues to be actively involved in other community initiatives.



Our current status

Assemblies in local primary schools – giving children a positive start to their day. These assemblies teach the children Christian morals through dramas and stories.



Work in secondary schools

– teaching sex and relationship lessons covering issues such as self-esteem, friendship, relationships, sex, HIV and AIDS. We try to produce interactive and discussion-based lessons that let young people know they do have a choice and that they shouldn't feel pressured into having sex.



Outreach in the women's hostel (a safe house for women aged 16 – 30) – running a project called **PINK**. This project enables the girls to have space to be creative and helps them to realise that they are special, despite the horrible circumstances many of them have been through. The activities include painting and jewellery making, all things that the girls really enjoy and would not get the opportunity to do otherwise



Youth work on the Sherwood estate – helping to run a youth club, in association with the Tunbridge Wells council, for teenagers living in the area. Many of these teenagers have been excluded from school and have difficult home lives. If this club did not run, these young people would literally be hanging out on the street and often causing trouble. One of our workers has worked with them on the streets for over 5 years.



Uplands Christian Club “Ablaze” – enabling young people to hear the Christian message in a welcoming environment that allows them to hang out, have fun, and explore different ideas about Christianity in a safe place. Ablaze is a junior Christian union aimed at Years 7 – 9 with 20 to 30 students in regular attendance.



The next step



The Life & Soul Café – providing a place where young and old alike will meet and chat over refreshments. The vision of the café is to create an environment where all feel welcome and accepted, as well as building a community where people feel they can belong. Whether it’s to come for a quick coffee or to relax for an hour and chat with friends, the Life & Soul Café will exist to build meaningful relationships.

How you can help

Life & Soul is supported by local people who pray and give regularly. If you would like to support Life & Soul please fill in the coupon below, *thank you!*

Title..... Name

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I wish to give regularly to Life & Soul through Banker’s Standing Order (UK Donors only)

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Please pay to Life & Soul Youthwork, Barclays Bank, Calverley Rd, Tunbridge Wells, Kent
Account number: 20042129 Sort code: 20 88 13
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and every month thereafter* *until further notice

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PLEASE COMPLETE IF YOU ARE A UK TAXPAYER:
Gift Aid Declaration. I am a UK taxpayer and I wish all donations I make from the date of this declaration until I notify you otherwise to be tax effective under the gift aid scheme.

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Please remember to notify us if your circumstances change i.e. you no longer pay Income Tax or Capital Gains tax equal to the tax the charity reclaims (currently 28p for every £1 you give).

Please return this form to: Life & Soul • PO BOX 94 • Tunbridge Wells • TN2 9GQ